

Sept 2024

Ethical Catering Menu



100% of profits support our mission:

To address slavery in Australia, past and present.
To help victims of this crime rebuild their lives.
To partner in the fight to end global slavery.

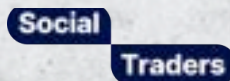
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<https://bit.ly/TFH-catering>



Breakfast	Page 2
AM/PM Tea	Page 9
Lunch	Page 14

All Ordering details on back page.



Unlocking a business for good



BREAKFAST





DELUXE BREAKFAST XL COLLECTION

8	Sweet Mini Muffins
6	Assorted Mini Yoghurt Cups
6	Mini Danishes
8	Feta, Capsicum & Asparagus Frittata
5	Mini Fruit Skewers

\$154.00 (33 pieces)



CLASSIC BREAKFAST XL COLLECTION

10	Sweet Mini Muffins
8	Mini Danishes
8	Mini Croissants
6	Mini Fruit Skewers

\$137.00 (32 pieces)



WARM BREAKFAST XL COLLECTION

8	Mini Spinach & Feta Quiche
8	Mini Tomato & Cheese Croissants
6	Mini Vegetarian Egg Brioche Rolls

\$126.00 (22 pieces)

BREAKFAST COLLECTIONS



SPLENDOUR COLLECTION*

v

8	Sweet Mini Croissants
4	Savoury Loaves
4	Sweet Loaves
5	Savoury Muffins
5	Sweet Muffins
8	Friends

\$190.00 (34 pieces)



BREAKFAST BASKET*

8	Sweet Mini Muffins
8	Mini Danishes
6	Savoury Loaves (cut in half)

\$112.50 (22 pieces)



SAVOURY CROISSANT COLLECTION

6	Mini Ham & Cheese Croissants
6	Mini Tomato & Cheese Croissants
6	Mini Spinach & Feta Croissants

\$103.00 (18 Pieces)



SWEET CROISSANT COLLECTION

6	Traditional Almond
6	Chocolate Coconut w/ Vanilla Creme Filling
6	White Chocolate, Raspberry Pistachio w/ Creme Filling

\$111.00 (18 Pieces)

BREAKFAST COLLECTIONS



TRADITIONAL PASTRY COLLECTION v

8	Mini Croissants
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8	Mini Danishes
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\$72.00 (16 pieces)



SWEET & SAVOURY BASKET v

8	Mini Vegetarian Quiches
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8	Savoury Mini Muffins
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8	Mini Croissants
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\$118.50 (24 pieces)



SWEET & SAVOURY LOAF COLLECTION* v

4	Cinnamon & Apple Loaves
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4	Caramelised Onion, Goats Cheese & Pine Nuts
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4	Roquefort, Quinoa & Spinach
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4	Blueberry & White Chocolate Loaves
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\$112.50 (16 pieces)

Though there are Gluten free items in our collections, it is recommended to purchase Gluten free items separately if they are part of collections with items that are not Gluten Free.

*Flavour selection vary daily therefore all collections will be an assortment of flavours listed and may vary.



MINI BREAKFAST CUP COLLECTION

v/gf

5	Passionfruit Yoghurt Cups
5	Granola Yoghurt Cups
5	Berry Compote Yoghurt Cups
\$96.00 (15 pieces)	



SEASONAL FRUIT COLLECTION

5	A premium selection of seasonal fruit vg/nf/gf
\$54.65 (Serves 5)	
10	A premium selection of seasonal fruit vg/nf/gf
\$109.30 (Serves 10)	



FRUIT SKEWER COLLECTION

20	Freshly cut, 5-Piece Fruit Skewers including a premium selection of seasonal fruit vg/nf
\$117.00 (20 pieces)	

BREAKFAST INDIVIDUALS

7

MINI DANISH PASTRIES **

v

\$5.00 (Per item)

SAVOURY CROISSANTS **

Ham & Cheese Croissant nf

Tomato & Cheese Croissant v/nf

Feta & Spinach Croissant v/nf

\$5.50 (Per Item)

SWEET CROISSANTS **

Traditional Almond Croissant v

Chocolate Coconut w/ Vanilla Creme Filling v

Croissant

White Chocolate, Raspberry Pistachio w/ Vanilla v

Filling Croissant \$5.80 (Per Item)

SAVOURY MINI MUFFINS **

Caramelised Onion, Goat Cheese & Pine Nuts v

Roquefort, Spinach & Quinoa nf/v

\$4.65 (Per Item)

SWEET MINI MUFFINS **

Apple & Cinnamon v

Blueberry & White Chocolate v

Coconut & Raspberry v

Traditional Banana v

\$4.00 (Per Item)

**All items are sold assorted based on daily availability, specific flavours cannot be guaranteed even if requested

SWEET LOAVES **

Apple & Cinnamon v

Blueberry & White Chocolate v

Traditional Banana v

\$7.50 (per item)

SAVOURY LOAVES **

Caramelised Onion, Goats Cheese & Pine Nuts v

Roquefort, Quinoa & Spinach v

\$8.00 (Per Item)

CLASSIC HOUSE BAKED SCONES

Served with Jam & Cream v

\$6.00 (Per Item)

FETA, CAPSICUM & ASPARAGUS FRITTATA

v/nf/gf

\$5.40 (Per Item)

DIETARY PREFERENCES GUIDELINE

Vegetarian: (v)

Vegan: (vg)

Nut-free: (nf)

Gluten-free: (gf)

Dairy-free (df)

While items can be made nut-free, gluten-free and dairy-free, there may be traces present.

BREAKFAST INDIVIDUALS

8

TRADITIONAL MINI B&E ROLL

With Egg, Bacon & Smokey Barbeque
Sauce

nf

\$7.50 (Per Item)

VEGAN BREAKFAST WRAP

Roast Vegetables, Tomato Salsa, Hommus &
Rocket

vg

\$14.25 (Per Item)

VEGETARIAN BRIOCHE BUNS

With Roast Tomato, Baby Spinach,
Egg & Chilli Jam Relish

v/nf

\$8.00 (Per Item)

BACON & EGG GLUTEN- FREE SANDWICH

With Tomato Sauce

nf/gf

\$14.25 (Per Item)

BACON & EGG BREAKFAST WRAP

With Tomato, Spinach & Barbeque
Sauce

nf

\$14.25 (Per Item)

VEGETARIAN GLUTEN- FREE SANDWICH

With Roast Tomato, Egg & Spinach with
Tomato Sauce

v/nf/gf

\$14.25 (Per Item)

VEGETARIAN BREAKFAST WRAP

With Scrambled Eggs, Spinach, Roast Tomato,
Caramelised Onion & Feta

v/nf

\$14.25 (Per Item)



AM/PM TEA





SWEET TREATS COLLECTION*

38	Selection of Mini Cakes, Assorted Homemade Slices & other Sweets	v
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\$205.75 (38 pieces)



DELUXE MORNING TEA XL COLLECTION

8	Sweet Mini Muffins
4	Mini Almond Croissants
6	Chia Pudding Cups
5	Assorted Friands
5	Health Crunch Bars
5	Fruit Skewers

\$167.00 (33 pieces)



SYDNEY PICNIC COLLECTION

9	Assorted Finger Sandwiches
8	Assorted Triangle Sandwiches
6	Assorted Mini Vegetarian Quiches
6	Assorted Mini Tarts
6	Assorted Friands

\$145.50 (35 pieces)

AM/PM TEA COLLECTIONS



FRIAND & TART COLLECTION*

12	Assorted Friands
12	Assorted Mini Tarts

\$134.25 (24 pieces)



HOMEMADE COOKIE COLLECTION*

16	Assorted Flavours
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\$78.20 (16 pieces)



SLICE COLLECTION*

20	Assorted Flavours
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\$106.00 (20 pieces)



BAKED HOUSE COLLECTION

v

9	Mini Lemon & Almond Cake
9	Mini Choc Mud Cake

\$115.00 (18 pieces)

*Flavour selection vary daily therefore all collections will be an assortment of flavours and may vary.

AM/PM TEA COLLECTIONS



LITE DIPS COLLECTION

5	Three assorted Dips with Vegetable Sticks and an assortment of Toasted Breads.	v
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\$61.00 (Serves 5)

10	Three assorted Dips with Vegetable Sticks and an assortment of Toasted Breads.	v
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\$122.00 (Serves 10)



ANTIPASTO COLLECTION

5	Includes; Sliced Prosciutto, Mild Italian Salami, Smoked Ham, Bocconcini, Feta, Roast Peppers, Olives, Grilled Eggplant & Artichoke.
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\$75.00 (Serves 5)

10	Includes; Sliced Prosciutto, Mild Italian Salami, Smoked Ham, Bocconcini, Feta, Roast Peppers, Olives, Grilled Eggplant & Artichoke.
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\$150.00 (Serves 10)



CHEESE & DRIED FRUIT COLLECTION

5	Three assorted Australian Cheeses, Dried Fruits, Water Crackers & Croutons.
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\$75.00 (Serves 5)

10	Three assorted Australian Cheeses, Dried Fruits, Water Crackers & Croutons.
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\$150.00 (Serves 10)

AM/PM TEA INDIVIDUALS

13

SLICE SELECTION **

Chocolate Brownie	v/gf
Caramel Slice	v
Carrot Cake	v
Raspberry Blondie	v
Hazelnut	v

\$5.50 (Per Item)

HOMEMADE MINI ROUND CAKES **

Sold individually

Mini Choc Mud Cake	
Mini Lemon & Almond Cake	
Vegan Apple Cake	vg/gf

\$6.25 (Per Item)

MINI MODERN TART SELECTION

Sold assorted based on daily availability

Cookies & Cream	v
Lemon Meringue	v
Apple Crumble	v
Mixed Fruit	v

\$5.40 (Per Item)

SEASONAL FRUIT

3 Piece Fruit Skewer	vg/nf/gf
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\$4.95 (Per Skewer)

5 Piece Fruit Skewer	vg/nf/gf
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\$5.85 (Per Skewer)

BROWNIES

vg/nf/df/gf

\$8.00 (Per Item)

ASSORTED FRIANDS **

Blueberry Friand	v/gf
Raspberry Friand	v/gf
Pistachio Friand	v/gf
Chia Seed Friand	v/gf

\$5.80 (Per Item)

COOKIES **

Choc Chip	v/nf
Nutella	v
Macadamia & White Chocolate	v
Pistachio	v

\$4.95 (Per Item)

AM BREAKFAST CUP SELECTION

Granola Yogurt Cup	v/gf
Berry Compote Yogurt Cup	v/gf
Passionfruit Yogurt Cup	v/gf

\$6.50 (Per Item)

Chia Pudding Cups	vg/gf
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\$8.00 (Per Item)

**All items are sold assorted based on daily availability, specific flavours cannot be guaranteed even if requested



LUNCH

LUNCH COLLECTIONS

15



GOURMET SANDWICH & WRAP COLLECTION*

v

5	Gourmet Sandwiches (cut in half)
5	Gourmet Wraps (cut in half)

\$140.80 (20 pieces)



BAGUETTE & SLIDER COLLECTION*

v

8	Assorted Mini Baguettes
9	Assorted Mini Sliders

\$115.20 (17 pieces)



TRIANGLE SANDWICHES COLLECTION*

v

10	Triangle Sandwiches (cut into quarters)
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\$114.50 (40 pieces)

*All sandwiches collections are an assortment of different flavours.

Please advise us of any dietary requirements. 10% of sandwiches, wraps and rolls are vegetarian as standard however if you require more vegetarian or vegan sandwiches or if you need them to be plated separately.



MIXED BREAD PLATTER COLLECTION*

v

5	Gourmet Sandwiches (cut in half)
5	Gourmet Wraps (cut in half)
10	Assorted Mini Cocktail Rolls

\$202.50 (30 pieces)



5 FLAVOUR MINI ROLLS*

4	Red Pepper Chorizo Rocket Aioli Roll
4	Pesto Chicken & Sun Dried Tomato Roll
4	Waldorf Chicken Wholemeal Baguette
4	Signature Veg Fritter
4	Beef, Caramelised Onion & Horseradish Roll

\$123.50 (20 pieces)



FINGER SANDWICH COLLECTION*

vg/nf

12	Finger Sandwiches (cut into three pieces)
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\$135.00 (36 pieces)

*All sandwiches collections are an assortment of different flavours.

Please advise us of any dietary requirements. 10% of sandwiches, wraps and rolls are vegetarian as standard however if you require more vegetarian or vegan sandwiches or if you need them to be plated separately.

LUNCH COLLECTIONS



VIVID XL COLLECTION

10	Pumpkin Custard & Chorizo Savoury Tart
10	Beetroot Hommus, Roasted Beetroot Tart
10	Falafel Bites with Tahini & Beetroot Hommus & Chickpea Crumble
8	Feta, Capsicum & Asparagus Frittata
12	Peking Duck Crepes

\$256.00 (50 pieces)



ASIAN SPRING COLLECTION

vg/nf

10	Peking Duck Crepes
10	Vietnamese Rice Paper Rolls
10	Thai Beef Cucumber Cups
20	Sushi Pieces w/ dipping sauces

\$206.00 (50 pieces)



BESPOKE COLLECTION

nf

10	Feta, Capsicum & Asparagus Frittata
10	Smoked Salmon Pikelets with Capers, Dill & Cream Cheese
10	Assorted Wonton Cups
10	Peking Duck Crepes

\$200.00 (40 pieces)

LUNCH COLLECTIONS



VIVE COLLECTION

6	Chicken Rice Paper Roll
10	Smoked Salmon Pikelets
10	Minted Mashed Peas & Ham Tarts
10	Chicken, Asparagus, Capsicum Tarts

\$199.00 (36 pieces)



RICE PAPER ROLL COLLECTION

6	Duck Rice Paper Rolls
6	Chicken Rice Paper Rolls
6	Vegetarian Rice Paper Rolls

\$110.00 (18 pieces)



SPECIAL DIET COLLECTION

gf

4	Vietnamese Rice Paper Rolls
8	Sushi Pieces w/ Soya Sauce (not gf)

\$42.50 (12 pieces)

LUNCH COLLECTIONS



SHARE TABLE XL COLLECTION

6	Satay Chicken Skewers
6	Grilled Chicken Skewers
8	Honey Soya Chicken Drumettes
6	Beef Burgers
6	Grilled Chicken Burgers
12	Mushroom & Cheese Arancini

\$256.00 (44 pieces)



HAWKER ST XL COLLECTION

15	Assorted Bao Buns
6	Grilled Chicken Skewers
6	Satay Chicken Skewers
10	Honey Soya Chicken Drumettes
10	Vegetarian Spring Rolls

\$266.50 (47 pieces)



HAWKER ST COLLECTION

10	Assorted Bao Buns
10	Vegetarian Spring Rolls
10	Honey Soya Chicken Drumettes

\$161.00 (30 pieces)

LUNCH COLLECTIONS



BAO BUN COLLECTION

7	Fried Chicken, Pickles, Special Sauce & Toasted Sesame
7	BBQ Pork Belly with Cucumber, Carrot, Pickled Ginger & Sriracha Mayo
7	Eggplant Katsu with Miso May & Tonkatsu Sauce

\$170.00 (21 pieces)



BURGER COLLECTION

nf

6	American Beef Burger, Special Sauce, Pickles & American Cheese
6	Grilled Chicken Burger, Special Sauce, Rocket Mayo & Roasted Peppers
6	Signature Veggie Burger, Tomato Chutney, Caramelised Onion & Swiss Cheese

\$137.70 (18 pieces)



SKEWER COLLECTION

8	Lamb Kofta Skewers with Mint Yoghurt
8	Herbed Grilled Chicken Skewers
8	Satay Chicken Skewers with Satay Sauce

\$151.75 (24 pieces)

LUNCH COLLECTIONS



OFFICE LUNCH COLLECTION

v

6	Lamb Kofta Skewers with Mint Yoghurt*
6	Grilled Chicken Burger, Special Sauce, Rocket, Mayo & Roasted Peppers*
6	Falafel Bites with Tahini & Beetroot Hommus & Chickpea Crumble
8	Feta, Capsicum & Asparagus Frittata

\$151.75 (26 pieces)



ITALIAN COLLECTION

nf

10	Italian Meatball Skewers
10	Parmesan Crusted Chicken Bites
10	Mushroom & Cheese Arancini

\$157.00 (30 pieces)



BUDGET BOX

8	Mini Meat Pies
8	Mini Sausage Rolls
8	Spinach & Feta Parcels

\$111.10 (24 pieces)

SALADS



CHICKPEA FALAFEL SALAD

Chickpea Falafel, Cabbage & Mint Slaw,
Beetroot Hommus, Pomegranate Dressing

vg/nf/gf

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal



TURMERIC ROASTED CAULIFLOWER GRAIN SALAD

Turmeric Roasted Cauliflower, Pearl Barley,
Cranberries, Almonds, Pistachio, Soft
Herbs, & Pomegranate Dressing

v/df

Shared \$12.20/person

Minimum order of 6

Individual \$16.00/item

Individual Main Meal



ASPARAGUS, EDAMAME GREEN SALAD

Asparagus, Edamame, Snow Pea,
Spring Pea, Green Bean, Baby Onion,
Honey & Seeded Mustard Dressing

v/nf/gf/df

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal

SALADS



TERIYAKI CHICKEN BROWN RICE SALAD

Brown Rice, Cherry Tomato, Baby Spinach & Pickled Ginger

nf/df

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal



POACHED CHICKEN GREEN BEAN SALAD

Poached Chicken, Green Beans, Avocado, Tomato & Lemon Dressing

nf/gf/df

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal



FETA, CHICKPEA & LENTIL SALAD

Feta, Chickpea, Lentils, Tomato, Cucumber & Spanish Onion

v/nf/gf

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal

SALADS



BLACK & BROWN RICE & ASPARAGUS SALAD

Black & Brown Rice, Asparagus & Pumpkin

vg/nf/gf

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal



TRADITIONAL GREEK SALAD

Tomato, Cucumber, Kalamata Olives, & Feta

v/nf/gf

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal



CRUMBED CHICKEN CESAR SALAD

Crumbed Chicken, Bacon, freshly baked Croutons, Egg, Parmesan & Cesar Dressing

nf

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal

SALADS



ROAST PUMPKIN & BEETROOT SALAD

Roast Pumpkin, Beetroot, Quinoa, Goats Cheese & Baby Spinach

v/gf

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal



MEDITERRANEAN ROAST VEGETABLE SALAD

Mixed Mediterranean Roasted Vegetables & Baby Spinach

vg/gf

Shared \$12.20/person

Minimum order of 6.

Individual \$16.00/item

Individual Main Meal

SANDWICHES, WRAPS & ROLLS

ASSORTED SLIDERS

Sold individually or assorted.

Pulled Pork & Slaw

Teriyaki Chicken, Spinach & Tomato

Ricotta & Roast Vegetables

\$6.50

FINGER SANDWICHES

Cut into 3 pieces. Sold as assorted.

Smoked Salmon, Cream Cheese & Capers nf

Cucumber & Cream Cheese nf

Poached Chicken, Aioli & Parsley nf/df

Herbed Egg Mix nf/df

Roast Beef, Cheese & Chutney nf

Turkey, Cranberry & Cheese nf

\$11.45

TRIANGLE SANDWICHES

1 x Sandwich cut into quarters.
Filling variety changes daily.

\$11.45

GLUTEN-FREE SANDWICHES

Filling variety changes daily.

\$14.50

ASSORTED MINI BAGUETTES

Filling variety changes daily.

\$7.50

GOURMET SANDWICHES

Filling variety changes daily.

v/vg/df/nf/gf available

\$15.40

MIXED BREADS, INDIVIDUALLY PACKED

Filling variety changes daily.
v/vg/nf/df/gf available

\$15.40

Please advise us of any dietary requirements that need to be accommodated

TRADITIONAL MAIN MEALS



BEEF BOURGUIGNON
WITH STEAMED RICE

nf/gf/df

\$19.50



BEEF LASAGNE

nf

\$21.50



HOKKIEN NOODLE
STIR FRY

v/nf/df

\$19.50



THAI RED CHICKEN CURRY
WITH STEAMED RICE

nf/gf/df

\$19.50

TRADITIONAL MAIN MEALS



CHICKEN PENNE
PESTO PASTA

\$19.50



SALMON STEAK, ROAST CHAT
POTATOES & BROCCOLI

nf/df

\$19.50



CHILLI CON CARNE
WITH MEXICAN RICE

nf/gf

\$19.50



CHICKEN SATAY SKEWERS, ASIAN
GREENS & STEAMED RICE

df/gf

\$19.50

TRADITIONAL MAIN MEALS



JAPANESE BBQ GLAZED PORK BELLY
WITH STEAMED RICE & BOK CHOY

nf/gf/df

\$19.50



HARISSA ROASTED CHICKEN
MARYLAND WITH CHICKPEAS
& SPINACH

nf/df

\$19.50



MISO GLAZED SALMON WITH
BOK CHOY & BROWN RICE

nf/gf/df

\$19.50



PEPPER BEEF STEW WITH
ROAST CHAT POTATOES

nf/gf/df

\$19.50

TRADITIONAL MAIN MEALS

30



CHICKEN TIKKA MISALA
WITH COCONUT RICE

nf/gf

\$19.50



TERIYAKI CHICKEN, CAULIFLOWER
RICE & BOK CHOY

nf/df

\$19.50



TRADITIONAL SPAGHETTI
BOLOGNESE

nf

\$19.50



COUNTRY CHICKEN, BROCCOLI
& SWEET POTATO MASH

nf/gf/df

\$19.50

TRADITIONAL MAIN MEALS



VEGETARIAN RATATOUILLE
WITH STEAMED RICE

vg/nf/gf/df

\$19.50



VEGAN MUSHROOM FUSILLI PASTA
WITH PANGRATTATO

vg/df

\$19.50



VEGETARIAN LASAGNE

v/nf

\$21.50



VEGETARIAN MOUSSAKA
WITH NAPOLITANA SAUCE

v/nf

\$21.50

TRADITIONAL MAIN MEALS



Sicilian Eggplant Stew with
Almond Broccoli Rice Salad

vg/gf/df

\$19.50

HOT FINGER FOODS

MINI BURGER SELECTION

Mini Beef Burger with Tomato, Caramelised Onion, Cheese & Tomato Sauce

Veggie Burger with Tomato, Caramelised Onion & Sweet Chilli Sauce v/nf

Grilled Chicken Burger with Green Tahini & Roasted Peppers

\$8.00/item

SKEWER SELECTION

Lamb Kofta Skewers served with Mint Yoghurt Dressing

Herbed Chicken Skewers served with Soya Mirin Sauce nf/gf/df

Chicken Satay Skewers served with Satay Sauce df/gf

Italian Meatball Skewers served with Tomato Basil

Roast Tofu Vegetable Skewer vg/nf/gf

\$6.40/item

SPINACH & FETA PARCELS

v

\$4.65/ item

HONEY SOYA CHICKEN DRUMETTES

nf/df

\$4.65/ item

MUSHROOM & CHEESE ARANCINI

Served with Napolitana Dipping Sauce. v/nf

\$5.10/ item

STEAMED BAO BUN SELECTION

BBQ Pork Belly, Cucumber, Carrot, Picked Daikon, Crispy Onions, Coriander & Sriracha

Fried Chicken, Pickles, Lettuce, Special Sauce & Toasted Sesame

Eggplant Katsu, Miso Mayo, Cabbage & Tonkatsu

\$8.50/item

MINI BEEF PIES & MINI SAUSAGE ROLLS

Served with Tomato Sauce.

\$4.65/ item

VEGETARIAN SPRING ROLLS

Served with Sweet Chilli Sauce. v

\$5.10 / item

PARMESAN CRUSTED CHICKEN BITES

Served with Pesto Mayo.

\$5.10 / item

COLD FINGER FOODS

ASSORTED PETITE WONTON CUPS

Chicken, Tuna & Vegetarian flavours available.

\$4.10 / item

SUSHI SELECTION

Vegetarian, vegan & gluten-free options available.

nf/gf/df

\$3.00 / item

SMOKED SALMON PIKELETS

With Capers, Dill & Cream Cheese.

v/nf

\$6.20 / item

SAVOURY TARTLETS SELECTION

Caramelised Onion & Goats Cheese

Minted Mashed Peas & Ham

Pumpkin Custard & Chorizo

Roasted Chicken, Asparagus & Capsicum

Beetroot Hommus with Roasted Beetroot

\$6.20/item

SPINACH & FETA MINI QUICHES

v

\$5.10 / item

VEGAN, GLUTEN FREE MINI QUICHES

vg,gf,nf,df

\$6.25 / item

FALAFEL BITES

With Green Tahini, Beetroot Hommus & Chickpea Crumble

\$5.40 / item

FETA, CAPSICUM & ASPARAGUS FRITTATA

v/nf/gf

\$5.40 / item

THAI BEEF CUCUMBER CUPS

gf/df

\$5.40 / item

PEKING DUCK CREPES

With Hoisin sauce, Cucumber & Shallots

nf

\$6.20 / item

VIETNAMESE RICE PAPER ROLLS

Duck Rice Paper Roll with Asian Slaw, Mint & Sweet Chilli Dressing

Chicken Rice Paper Roll with Asian Slaw, Mint & Sweet Chilli Dressing

\$6.70 / Item

Vegan Rice Paper Roll with Asian Slaw, Mint & Sweet Chilli Dressing

vg/nf/gf

\$6.20 / Item



We provide catering with produce and suppliers who are transparent with any risk of slavery they have in the supply chains. We also use 100% of the profits from your order to help the survivors of slavery in our Survivor School.

YOUR ORDER HAS A SOCIAL IMPACT.

ORDER HERE:

<https://bit.ly/TFH-catering>



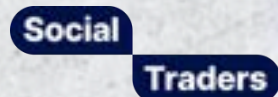
ORDERS MUST BE RECEIVED 48 BUSINESS HOURS IN ADVANCE.
DELIVERY FEES WILL BE QUOTED BASED ON LOCATION.
NAPKINS AND BIO CUTLERY AVAILABLE.

For bespoke large function orders: accounts@thefreedomhub.org
CALL: 0432 619 702

The Freedom Hub is a registered Australian Charity.
HQ is in Waterloo, Sydney. Our mission reaches across Australia.

Our Mission:

- To address slavery in Australia, past, and present.
- To help victims of this crime rebuild their lives.
- To partner in the fight to end global slavery.



Unlocking business for good